**PROPOSED GUIDELINES FOR PEOPLE FROM DIFFERENT HOUSEHOLDS PLAYING IN SINGLES AND PAIRS PRACTISE SESSIONS OUTDOORS**

The Government released a set of steps to ease lockdown restrictions in England on 10th May 2020.

Step 1 (from Wednesday 13th May 2020) we will be allowed to:

* Take unlimited amounts of outdoor exercise
* Drive to do exercise if you want
* Play sports but only with your household
* Enjoy parks without having to exercise

This means that individuals may practise bowls on their own or that two or more people from the same household, may play singles (or pairs if 4!) in the usual manner. This means that for many players they can only play on their own at this point. Below are a set of possible solutions that adhere to social distancing guidelines and minimise the risk of COVID 19 virus transmission.

1. **Two players from separate households. (SINGLES)**

Player A will need 1 mat, Player B will need 2 jacks.

Player A will be responsible for disinfecting i) their hands ii) the mat (with spray?) iii) placing and carrying the mat for the whole session and then iv) disinfecting the mat again at the end of the session

Player B will be responsible for disinfecting i) their hands ii) the jacks (with spray?) iii) placing the jack for the whole session and then iv) disinfecting the jacks again at the end of the session.

Both players will move down opposite rink markers (not down the middle) and stay there only standing on the mat when it is their turn to bowl and the other player has returned to the rink marker.

AT NO TIME WILL PLAYER A TOUCH THE JACKS OR PLAYER B TOUCH THE MAT. IT IS PROPOSED THAT IN INTIAL STAGES OF RETURN TO BOWLING THAT JACKS ARE PLACED NOT ROLLED.

player A player B Diagram to show movement pattern. Players always

stay on the same side.

player A player B

1. **Four players from separate households but maintaining social/physical distancing (Players A, B leads and A1, B1 skippers)**

Player A will need 2 mats, Player A1 will need 2 jacks.

Player A will be responsible for disinfecting i) their hands ii) the mat (with spray?) iii) placing the mats for the whole session and then iv) disinfecting the mat again at the end of the session

Player A1 will be responsible for disinfecting i) their hands ii) the jacks (with spray?) iii) placing the jack for the whole session and then iv) disinfecting the jacks again at the end of the session.

Both leads (A and B) and both skippers (A1 and B1) will move in a clockwise direction along the rink marker lines and maintaining a 2 metres distance (not down the middle). They will position as before on either side of the rink markers and stay there only standing on the mat when it is their turn to bowl and the other player has returned to the rink marker.

AT NO TIME WILL PLAYER A, B or A1 TOUCH THE JACKS OR PLAYER A1, B or B1 TOUCH THE MAT. IT IS PROPOSED THAT IN INTIAL STAGES OF RETURN TO BOWLING THAT JACKS AND MATS ARE PLACED WITH DISTANCE BEING VARIED BY THE JACK PLACEMENT.

player B player A (finish position**) Diagram to show the leads movement.** Skippers A! and B1 follow

the same pattern but on the opposite side. Players always move in

a clockwise direction maintaining physical / social distancing

player A player B (start position)

Player A who is on the left, moves up the rink first and walks across to the finish position.

Player B who is on the right, maintaining physical / social distancing walks across the rink, following payer A moving up the rink and stands in the finish position